



## TREC GB SUMMER COMPETITIONS 2020

# **Dean Lodge Trec**

## **British TREC competition**

In aid of Organised by Keysoe & Three Shires Trec Club

Sunday 13 September 2020

To be held at

Dean Lodge Farm – Upper Dean – Huntingdon - PE28 0NE

By Kind permission of Mr & Mrs Howlett

Technical Delegate – Mary Weston

Level 1 / 2 Affiliated British TREC Competition – Everyone welcome. This competition gives you the chance to ride across picturesque countryside along a route that has been checked for accessibility. The competition will take place mostly / almost entirely off road. Classes for individuals and pairs. There are classes available to those who have little or no TREC experience

Enquiries – please email - ktstrec@gmail.com

Opening date for entries will be 1 August 2020, and will only be accepted on a fully competed jotform with payment. Entries will close when competition is full, on or before 1 September late entries will be accepted at the discretion of the organiser and may be subject to a surcharge. Please enter early as places will be limited. If full a waiting list will be kept. **Entries and schedules:** Entries should be made via our <u>https://form.jotform.com/202205376735049</u> and entry fees paid by BACS or cheque. Postal entries accompanied by cheques may be sent by post (please email <u>ktstrec@gmail.com</u> for the address and entry form)

Anyone who is not riding and will attend the event must register as a helper using the attached jot form. <u>https://form.jotform.com/202206354873049</u>

**Equine Flu Requirements:** TREC GB requires that all events, including training & camps, involving equines should insist that vaccinations are up to date (12 month cycle) and check passports before horses are unloaded. Horses that have had their annual vaccination or a booster, within the last six days of the event should not be allowed to compete. For unvaccinated horses to be able to compete a new programme takes a minimum of 28 days.

1. The twelve month cycle means that a horse's vaccinations should be dated on or within 365 days (twelve months), for each year recorded on the passport, after the initial cycle of three injections were originally completed. For example a horse vaccinated on 15th March one year needs to be vaccinated on or before 15th March the following year. This also applies in leap years.

2. Horses with several years of annual booster vaccinations can have gaps in their record provided that; a) The first two primary injections where administered correctly before 1st January 2014. (2nd injection 21-92 days after the 1st injection).

b) All annual boosters since 1st January 2014 are within time.

#### For more information visit our website www.trecgb.com

#### **Classes:**

Class 1	Level 1 Individual, suitable for first timers
Class 2	Level 1 Pairs, suitable for first timers
	POR route length 10-15km, PTV Obstacle height up to 60cm
Class 3	Level 2 Individual
Class 4	Level 2 Pairs

POR route length 15-25km, PTV Obstacle height up to 70cm

#### <u>Riders who are under the age of 14 must ride in one of the pairs classes, with a pair who is over 18 on the day</u> of the competition

Classes 1-2 may be qualifying classes for the 2021 National Grassroots Championship (Riders DO NOT have to be a TREC GB member at time of qualification, but will be required to join as a Red or Blue member at entry date of the Championships). Full details about eligibility and qualification criteria, can be found at <u>www.trecgb.com</u>.

Entry fees (per rider):	KTS members	TREC GB members	Non members		
Classes 1,2,3,4	£47	£52	£55		
Entry fee includes postage costs for sending out results and rosettes					

Non member entry fees include day membership to Keysoe & Three Shires Trec Club. TREC GB Red and Blue members must quote a TREC GB club membership number or pay the non member rate.

Non members – why not join Keysoe & Three Shires Trec Club - membership form available at <u>http://ktstrec.co.uk</u>. Members joining in September for the first time will have their membership carried over for the next year (ie 15 August 2020 – 31 September 2021) KTS membership form https://form.jotformeu.com/92643806517361

All entries must be in writing and accompanied by the correct entry fee. All classes are subject to sufficient entries and the organisers reserve the right to cancel or amalgamate classes as necessary. Entries are on a strictly first come basis, enter early to avoid disappointment.

Entries will NOT be taken before the opening date on 1 August 2020 and both entry form and payment must be received to secure a place. Entries will be on a strictly first come basis, so enter early to secure a place. If entries are full before the closing date, a waiting list will be held based on the date the entry was received. All valid entries will be treated equally

#### Entry closing dates and refunds/withdrawals

Entries close on 1 September, or before if full. Withdrawals up to this date will receive a full refund minus a £5.00 administration fee.

Any refunds for withdrawals after the closing date will be entirely at the discretion of the organiser. If you or any member of your household shows any symptoms of Covid-19 (fever, lack of sense or taste or smell or persistent cough), or you think you maybe in the incubation period please DO NOT attend. Any competitor who withdraws for this reason will receive a full refund.

#### Start times and directions

These will be available on the club website by the Wednesday before the event. If you do not have access to the internet please enclose a first class SAE with your entry.

#### **Camping and corralling**

We are able to offer overnight stays provided only individuals or household groups stay in the same lorry, trailer or tent and as long as these remain within the National Government Guidelines. If government guidance changes and corralling is not permitted then corralling fees will be refunded, as will entry fees if this means you cannot attend.

Ground conditions permitting, overnight parking and corralling are available on Saturday/Sunday nights at the venue at a cost of £10 per horse per night including a vehicle/tent used for human accommodation. Please book in advance. Please note that you must provide your own electric fencing and charger and your corral must be labelled with your contact details.

If your horse is corralled and you are leaving the site, you must organise someone to keep an eye on your horse while you are away and must include this person's contact details on the label too.

Tents being used as overnight accommodation must be pitched in the separate area provided. This is for health and safety reasons. Any person found to have pitched a tent in the corralling field will be asked to move it immediately.

#### **Toilets and showers**

There will be toilets on site. If you have your own toilet please use that rather than the venue toilets. The venue toilets will be cleaned before the start of the event and disposable wipes will be provided. After using the toilet please wipe down the surfaces using a wipe and dispose of it in the bin provided. Please do not flush wipes down the toilet.

#### Water provision

Water for horses will be available on site. We have a very limited supply of water please bring your own.

#### Catering

We will be able to provide take away catering which will be able to eaten at your vehicle – details will be emailed to you once your entry is received.

#### Farrier

A farrier will be on call. Riders needing the services of the farrier should contact the organiser to confirm where and when he will attend. Riders must pay the farrier for any required shoeing at the time. [Please note – it is advisable to have suitable shoes for your horse with you if possible, particularly if your horse wears an unusual size or type. A set of shoes that has some wear left in them when they are removed is ideal to keep as an emergency set.]

#### Vet

The local veterinary practice will be on call in case of emergency.

#### Plan for the event

You will be given a start time by Wednesday 9 September 2020.

Saturday	Arrival at the venue if corralling	From 3pm
Saturday	Evening food arrives to be eaten at 7.00 - 7.30pm	
	your vehicle	
Sunday	POR PTV MA all levels	To run throughout the day timings
		dependent on entries

Because of the current COVID regulations we will hold all score sheets for 72 hours and will not start scoring until the Thursday following the competition. We will email out provisional results asap after that.

Please do not bring anyone with you unless they are a registered helper.

The competitor's information will be published at the same time as the start times. This will include details of the measures we are taking because of the Coronavirus. Please read this in full before you leave for the event. There maybe some changes to the measures outlined in the schedule.

Helpers

All TREC competitions rely on the support of volunteer judges and helpers. Can you or anyone coming with you lend a hand?

Please complete the helper jot form if you can assist us with judging or stewarding on the day. Competitors can also help us with setting up, clearing equipment away, collecting scores etc. depending on Covid-19 regulations. No judging experience necessary – we are grateful for all offers of help and you will learn lots from the inside! Even a couple of hours' help can make a difference and there are lots of jobs suitable for non-horsey mums/dads/partners. We provide all judges with free refreshments.

https://form.jotform.com/202206354873049

### What is TREC?

**TREC** is a fun riding event usually comprising three phases. The competition involves the skills and situations a rider might encounter on a hack, including map reading (using Ordnance Survey maps usually 1:25 000 scale)

#### The three phases:

#### POR (mounted orienteering)

You are provided with a map, onto which you copy the route. Then you follow the route at pre-determined speeds (usually between 6 and 12 kph). Along the route there are checkpoints, where you are likely to be given a change of speed. There also may be markers, or tickets, to be noted on your record card, which is also provided. Riders usually start at 5 minute intervals. In Pairs classes this phase is ridden as a pair, with MA and PTV ridden separately.

#### MA (control of paces)

This is a test to determine the rider's control of the horse's paces. Canter as slowly as possible and walk as fast as possible. This will be timed over a marked corridor, up to 150 meters long.

#### PTV (cross country trials)

A timed course involving up to 16 obstacles aimed to simulate what you may meet on a hack. Some of the course may take place dismounted. You can decline to do an obstacle without being eliminated but must stop and tell the judge at that obstacle.

After the three phases the points gained by the individual/ pair are totalled and the highest total wins.

#### **REQUIRED EQUIPMENT**

Tack and equipment will be checked. The following should be carried on the POR phase.

## **POR Compulsory Equipment (for all riders)** Riders will not be permitted to start the POR without carrying ALL the items on this list:

- Approved hard hat. (Hat approval changed 2017 please check current required standard)
- Headcollar and leadrope or combination bridle
- Medical armband with emergency phone numbers for the event
- Horse ID with rider details and emergency phone numbers for the event
- First aid kit for horse and rider Human kit to be carried on the rider.
- Torch (suitable for riding after dark. A head torch or similar to read the map and a light to make you and your horse visible to car drivers/walkers are recommended.)
- High vis clothing (minimum of fluorescent strips on the rider's torso)
- Whistle (for use in emergencies) to be carried on the rider.
- Level 3 & 4 riders: correctly sized hoof boot or similar and (for shod horses) a set of emergency farrier's tools suitable for the removal of a shoe. Level 1 & 2 competitors are advised to carry these but it is not required.

**POR Additional Equipment (for all riders)** Failure to have these items incurs a 2 point penalty for each item up to a maximum of 10 penalty points:

- Compass
- Hoof pick
- Pens (for map marking ideally two colours, permanent ink with thin nibs, red and fluorescent orange are popular for route marking and black or blue for notes)
- Waterproofs
- Mobile phone If a rider chooses to carry a mobile phone must it must be carried on the rider.

Every competitor whether competing as an individual or as part of a pair should carry all of the equipment listed except the farrier tools (one between the pair is sufficient).

#### Helpful equipment for the POR phase

Map case, Drink/snack for rider, Coins for emergency phone call, Digital watch (or stopwatch).

\*Hard hat and medical armband are required for ALL phases of the event. Tack used must remain the same for all three phases. For 2019 all hard hats must comply with one of the standards listed below.

PAS 015 (1998 or 2011)provided it has a BSI Kitemark OR an Inspec IC Mark VG1 01.040 (2014-12) provided it has a BSI Kitemark OR an Inspec IC Mark

#### SEI ASTM 95

ASTM F1163 (2004a or 04a onwards), providing it has an SEI mark SNELL E2001 OR E2016, providing it has a SNELL label and number AS/NZS 3838 (2006 onwards), providing it has an SAI Global mark Any hat used must conform to one or more of these standards

#### **PTV Equipment**

For 2019 Riders must wear a BETA level 3 standard body protector **Purple label, body protectors must have a label** dated 2009 or later, or Blue/Turquoise Label dated 2018 for the PTV phase. From April 1<sup>st</sup> 2018 an approved body protector must be worn for the PTV at all levels unless the course includes no ridden fixed jumps. The definition of a fixed jump includes jumps such as hedges, path crossings, steps up, steps down and tree trunks which cannot be knocked down. Body protectors are recommended on the PTV phase even when no fixed jumps are used.

#### HEALTH AND SAFETY

The event manager/organiser will take all reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the officials and stewards on the day.

Trained First Aiders will be present at the event and should be summoned through an official in the event of an accident. The event manager/organiser may provide contact telephone numbers for emergency veterinary and farriery services.

Competitors are asked to safeguard valuable tack and possessions. Young children must be supervised at all times. Neither the event manager/organiser nor the land/course owners can accept responsibility for loss or injury to persons or animals howsoever caused.

#### TREC RULES

Rules as per the 5th edition TREC GB rulebook, which can be found at <u>www.trecgb.com/Rulebook.html</u>.

- 1) Horses must be a minimum of four years old to compete at Level 1, 2 and 2A and five years old to compete at levels 3 and 4 (i.e. for levels 1, 2 and 2A, a horse born in 2015 may compete in 2019). Mares more than four months pregnant may not compete.
- 2) The welfare of horses competing in British TREC competitions is paramount. No horse may compete if it is unsound or unfit to carry the rider for any reason. Any rider who continues on a horse that they know to be unsound or that has been definitively stopped by the veterinary surgeon or designated competent official on fitness and/ or welfare grounds will be eliminated from the competition.
- 3) Riders under the age of fourteen on day of competition may only compete in Pairs classes and must be accompanied by a rider of **18 years or older**. Pairs ride together for POR and separately for the MA and PTV. Parents/guardians of competitors under the age of 16 will be required to complete a Parental Consent Form (available on the TREC GB website).
- 4) All riders competing must be members of either Keysoe & 3 Shires Trec Club, TREC GB or a GB TREC Club. Non members will pay an additional £10 to become members of Keysoe & 3 Shires Trec Club for the duration of the competition.
- 5) Clearly visible coloured tail wraps/ribbons should be worn to advise other riders of a potential hazard Red = kicker, Green = young/inexperienced horse, Blue = stallion. If the horse/pony is a stallion then stallion discs must also be worn on both sides of the bridle.
- 6) No rider will be permitted to start any phase of the competition unless wearing a hard hat, which meets a standard currently approved (listed in Appendix 2 TREC GB Rulebook). The appropriate hats should have the BSI 'KITE' mark and/or Inspec IC Mark and/or the American equivalent, the 'SEI' mark securely (non-removable) attached to the hat. Medical armbands must also be worn for all phases.
- 7) Riders must wear a BETA level 3 standard body protector for the PTV phase. For 2019 all body protectors must have a purple label dated 2009 or later, or Blue/Turquoise Label dated 2018. An approved body protector must be worn for the PTV at all levels unless the course includes no ridden fixed jumps. The definition of a fixed jump includes jumps such as hedges, path crossings, steps up, steps down and tree trunks which cannot be knocked down. Body protectors are recommended on the PTV phase even when no fixed jumps are used. It is recommended that body protectors are replaced every 3-5 years, even if they are apparently undamaged.
- 8) Riders must wear clothing that is suitable and practical for riding out in the countryside. Horses must wear the same tack (saddle and bitting arrangement) for all three phases.
- 9) Horses may compete shod or unshod. Horses with loose or badly fitting shoes will not be allowed to compete. The state of shoeing will be noted at the vetting or tack check and this will be considered the minimum shoeing for the POR for that horse. If a horse loses a shoe on the POR and no hoof boot/ similar is available to replace it then the rider will be eliminated and the horse must be led/walked back to the venue by the shortest route or transported in a horsebox/trailer.
- 10) Standing martingales and other fixed reins are forbidden. For led PTV obstacles the horse must be led using the reins taken over the head or a headcollar and leadrope. If a horse is ridden in a running martingale it must be led from a headcollar and rope for any led obstacles on the PTV, unless the martingale can be unclipped from the neckstrap so that the reins can be taken over the horse's head.
- 11) Whips must not exceed 75cm (1m for side-saddle) overall length (including any thong or tassel). Spurs, if worn, must be rounded, not exceeding 3cm in length and **must not point upwards**.
- 12) Mobile phones may be carried for use in emergency but must be declared prior to start of POR and be switched off. Level 1 competitors may be asked to ride with their phones turned on and provide their mobile number to the organisers at the tack check.
- 13) During the POR phase riders must wear fluorescent/reflective hi-vis clothing. The minimum requirement is clearly visible fluorescent strips (or garment) on the rider's torso. It is strongly recommended that this is also reflective, and is supplemented by a fluorescent/reflective hatband and fluorescent/reflective hi-vis on the horse.
- 14) Medical armbands and ID are compulsory and must be worn for all three phases of the competition. The medical armband should include basic information to help any First Aid staff to assist you and should be easily visible. Information should include: name, address, next of kin with contact details, competitor number, emergency telephone number for event and any relevant medical information (such as allergies, any current medication).
- 15) If a rider / pair returns to the venue without having passed through the finish checkpoint (ie still in possession of their record card) they must report to the map room or an official immediately.

It is your responsibility to familiarise yourself with the basic rules. The TREC GB Rulebook (5<sup>th</sup> edition 1 February 2019) can be found on the TREC GB website, <u>www.trecgb.com/Rulebook.html</u>.